

# PURPOSE SCHOOL'S PEANUT/NUT SAFE SNACK LIST

## The school year 2022-2023

**This list is for parents who wish to send in a birthday treat for the classroom.** All birthday treats coming from parents must come from this list. Please read the labels carefully to double-check that this product is still nut-free. This includes labels that read "May contain traces of peanut/nuts". Items for birthdays must be brought in the original packaging so that teachers may do a final check for allergens. Please let your child's teacher know in advance that you plan to bring in a birthday snack. For classroom activities or holiday celebrations, teachers may plan something that is not on this list but will be NUT FREE. In any classroom that has an allergy student, the parents of that student will approve the item before it comes into the classroom for consumption or as an activity. We will always post what snack was served in the classroom on the day that it was consumed. Thank you for your consideration and support in keeping all Purpose School children safe.

Be careful and read labels when packing snacks and school lunches as well. Daily snacks are provided by the student's family.

### The list below is used for Birthday celebrations and some holiday parties/activities.

#### Healthy Snack fruits/vegetables

- Fruit prepackaged cans/cups (apple, orange, pears, clementine, strawberries)
- Applesauce cups
- Fresh vegetables in store-prepared bags (baby carrots, celery sticks)
- Whole Fresh Fruit- to be cut at school

#### Popsicles

- Nestle Outshine Fruit bars
- Popsicle Brand scribbles or mighty minis, firecracker
- Dole Fruit Bars- variety pack
- Popsicle Brand- Philly Swirl- Swirl Stix
- Cheese/Dairy
- Hoodsies Brand only ice cream cups
- String cheese or other packaged cheese
- Swiss Miss Hot Chocolate
- New unopened Butter
- New unopened Cream Cheese

#### Crackers and Snacks

- Crackers: Plain Wheat Thins, Ritz, Saltine and Graham Crackers
- Cheez-its, Pepperidge Farm Goldfish Crackers
- Nabisco Teddy Grahams, Chips Ahoy Chocolate Chip Cookies, Nabisco Plain Oreos, Keebler Vanilla Wafers
- Pretzels- (Rold Gold, Bachman, Snyder and Utz)
- Cereals: Plain Cheerios, Cinnamon Toast Crunch, Corn Chex, Froot Loops
- Nutri Grain Bars- blueberry, apple, and strawberry
- Plain Bagels- (mini or full-sized)- Lender's, Thomas, Stop and Shop brand
- New unopened grape jelly
- Plain Rice Krispie treats- store-bought only
- Air popped popcorn plain
- Pirate's Booty, Smartfood popcorn, Skinny pop popcorn