

PURPOSE SCHOOL'S PEANUT/NUT SAFE SNACK LIST

The 2022-2023 school year

Child's Name: _____

Session Attending: _____

Allergy: _____

The school's daily snack is provided by each student's parent. The list below is used for Birthday celebrations and holiday parties. The teacher will notify a parent before anything different, that is not on this list, is served at school.

Healthy Snack fruits/vegetables

- Fruit prepackaged cans/cups (apple, orange, pears, clementines, strawberries)
- Applesauce cups
- Fresh vegetables in store prepared bags (baby carrots, celery sticks)
- Whole Fresh Fruit- to be cut at school

Popsicles

- Nestle Outshine Fruit bars
- Popsicle Brand scribbles or mighty minis, Fire Cracker
- Dole Fruit Bars- variety pack
- Popsicle Brand- Philly Swirl- Swirl Stix

Cheese/Dairy

- Hoodsies Brand only ice cream cups
- String cheese or other packaged cheese
- Swiss Miss Hot Chocolate
- New unopened Butter
- New unopened Cream Cheese

Crackers and snacks

- Crackers: Plain Wheat Thins, Ritz, Saltine and Graham Crackers
- Cheez-its, Pepperidge Farm Goldfish Crackers
- Nabisco Teddy Grahams, Chips Ahoy Chocolate Chip Cookies, Nabisco Plain Oreos, Keebler Vanilla Wafers
- Pretzels- (Rold Gold, Bachman, Snyder, Utz)
- Cereals: Plain Cheerios, Cinnamon Toast Crunch, Corn Chex, Froot Loops
- Nutri Grain Bars- blueberry, apple, and strawberry
- Plain Bagels (mini or full sized) Lender's, Thomas, or Stop and Shop brand
- New unopened grape jelly
- Plain Rice Krispie treats- store bought only
- Air popped popcorn- plain
- Pirate's Booty
- Smartfood popcorn, Skinny Pop Popcorn

Parents Signature: _____ Date: _____